

Fighting for Yourself Spiritually
(Ephesians 2, 4, 6) - Spiritual Things
February 16, 2025

God opened the servant's eyes through a spark, vulnerability, the Word, & prayer

Demons place lies in our minds to destroy the life God has for us

Are you fighting for yourself spiritually (in the power of the Spirit)?

Ephesians 2, 4, 6

Spiritual warfare isn't a demon issue — it's a discipleship issue

Ephesians 2:1-3 – If you don't have the Holy Spirit, you can't resist the influence of the enemy

And you He made alive, who were dead in trespasses and sins, Ephesians 2:1 NKJV

in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, **Ephesians 2:2 NKJV**

Salvation - Ensuring we've been saved by believing the Gospel

In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise,

Ephesians 1:13 NKJV

Galatians 5:22-23, Romans 8:14-16, 1 John

Ephesians 4:26-27 – If you aren't confessing your sins, you're giving footholds to the enemy

"Be angry, and do not sin": do not let the sun go down on your wrath, **Ephesians 4:26 NKJV**

nor give place to the devil. Ephesians 4:27 NKJV

Arrows (Ephesians 6:10-20)

Footholds (Ephesians 4:26-27)

Strongholds (2 Corinthians 10:3-6)

Confession - By confessing & turning from our sins by the Spirit

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. **1 John 1:9 NKJV**

Mark 7:21-23, Galatians 5:19-21, Colossians 3:5-8, 2 Timothy 3:1-8

<u>Ephesians 6:10-20</u> – If you aren't believing God's promises, you're believing the lies of the enemy

Hide me from the secret plots of the wicked, From the rebellion of the workers of iniquity, **Psalm 64:2 NKJV**

Who sharpen their tongue like a sword, And bend their bows to shoot their arrows—bitter words, **Psalm 64:3 NKJV**

Believing – By drawing close to Jesus through prayer & the Word

Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. **Ephesians 6:13 NKJV**

Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, **Ephesians 6:14 NKJV**

and having shod your feet with the preparation of the gospel of peace; **Ephesians 6:15 NKJV**

above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. **Ephesians 6:16 NKJV**

And take the helmet of salvation, and the sword of the Spirit, which is the word of God; **Ephesians 6:17 NKJV**

praying... Ephesians 6:18 NKJV

Psalm 35, 83, 18, 58

This week's OWNit365 New Testament Plus Plan:

February 16 – Rev 7, Family Focus – Rev 7:9-17

February 17 - Isa 6, Family Focus - Isa 6:1-8

February 18 - Reflection & Prayer

February 19 - Rev 8, Family Focus - Rev 8:1-6

February 20 - Rev 9, Family Focus - Rev 9:13-21

February 21 - Rev 10, Family Focus - Rev 10

February 22 - Rev 11, Family Focus - Rev 11:15-19

February 16

VISITGRACECHURCH.COM/KIDS



This month we are learning that Jesus loves us! We will learn that He loves everyone, especially kids too! We also learn that Jesus loves us all the time, no matter what!

Memory Verse: "Jesus loves kids." Mark 10:14 (Adapted for toddlers)

Heart of the Lesson: Jesus Loves Us All The Time

Parent Connect: Today we made heart headbands to remind us that Jesus loves us all the time. Reinforce this idea all week with your kid. When your kid does something good say, "Jesus loves you all the time." When your kid does something bad say, "Jesus still loves you all the time!"

MIRACLES OF JESUS

In this series, we will learn about a few of the different miracles that Jesus performed during His ministry and the way that He blessed others.

Memory Verse: "Jesus looked at them and said, 'With people this is impossible, but with God all things are possible!" Matthew 19:26 NIRV

Heart of the Lesson: Jesus Raises Jairus' Daughter Matthew 9:18-26, Mark 5:21-43, Luke 8:40-56

Parent Connect: Today we learned how Jesus performed another miracle...raising a girl from the dead! The girl's dad was name Jairus and he believed Jesus could do miracles. Play with your kid and talk about how to help when someone is sick. Give a bandaid, make them a meal, give them medicine, etc.

KIDS CHOICE ANSWERING YOUR QUESTIONS ABOUT THE BIBLE

The Kid's Choice series gives our kids an opportunity to choose what we talk about. In this series, we will answer two questions that some kids have written in and asked, "Are there different types of prayer?" and "What are the gospels and why are they important?"

Memory Verse: "Then Jesus called for the children and said to the disciples, "Let the children come to me. Don't stop them! For the Kingdom of God belongs to those who are like these children." Luke 18:16

Heart of the Lesson: Are there different types of prayer? | Acts 5:30-31

Parent Connect: This week, we learned that we can use prayer for different things. Ask your kiddo what the four types of prayers were and then go around the dinner table saying ways you can use all four types this week.

SHAMA

This series will follow along with the Adults to talk about the spiritual realm and help students learn ways to fight spiritually for themselves and others. We'll explore what beings exist in the spiritual realm and learn how to use tools like prayer and the Word of God fight attacks from the enemy.

Memory Verse: "For through him God created everything in the heavenly realms and on earth. He made the things we can see and the things we can't see—such as thrones, kingdoms, rulers, and authorities in the unseen world. Everything was created through him and for him." Colossians 1:16

Heart of the Lesson: How Do I Fight for Myself Spiritually? We fight for ourselves spiritually by using the armor of God - Ephesians 6:11-17

Parent Connect: Help your student create notecards with Scripture on it that can help them fight spiritual battles. Encourage them to keep their notecards with them and memorize one this week. Good verses to choose from may include: Ephesians 6:11, James 4:7, 1 John 4:4, and 2 Corinthians 10:4.

SPECIAL NEEDS ADULTS

THE ARMOR OF GOD



The Bible says that we are in a spiritual battle every day. We have the choice to listen to and follow God, or to listen to and follow the enemy. But we don't have to be afraid! We know that God has defeated the enemy, and we can trust Him to care for us! This series, we're looking at the spiritual "armor" God gives us to protect us from the spiritual battle around

Memory Verse: So put on all of God's armor. Evil days will come. But you will be able to stand up to anything. And after you have done everything you can, you will still be standing. (Ephesians 6:13)

Heart of the Lesson: God protects us with our salvation and His Word | Ephesians 6:17

Parent Connect:

- Who is on our side in the spiritual battle?
- The shoes of the Gospel of peace help us move forward. What can we share with others to share the hope we have in Jesus?
- What does the shield of faith protect us from?
- Who can you share the Good News of Jesus with this week?