

May We Engage With Our Body (Ephesians 4:11-16) - We are a body
January 28, 2024

### **OWNit365 Whole Bible Plan**

so we, being many, are one body in Christ, and individually members of one another. **Romans 12:5 NKJV** 

### May we engage by understanding how God made us

And He Himself gave some to be apostles, some prophets, some evangelists, and some pastor and teachers, *Ephesians 4:11 NKJV* 

for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, *Ephesians* 4:12 NKJV

### May we engage by growing in our knowledge of Jesus

till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ; *Ephesians 4:13 NKJV* 

that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting, *Ephesians 4:14 NKJV* 

but, speaking the truth in love, may grow up in all things into Him who is the head—Christ *Ephesians 4:15 NKJV* 

# May we engage by helping others grow spiritually

from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love. *Ephesians 4:16 NKJV* 

## This week's **OWNit365 Whole Bible Plan**:

January 29- Exod 9-10 & Job 41-42

January 30- Exod 11-12 & Ps 1-4

January 31- Exod 13-14 & Ps 5-7

February 1- Exod 15-16 & Ps 8-9

February 2 - Exod 17-19 & Ps 10-12

February 3 - Exod 20-22 & Ps 13-15

February 4 - Reflection & Prayer

# **January 28**

# VISITGRACECHURCH.COM/KIDS



This month, we are learning about Jesus helping the sick man. We learn that Jesus helps sick people, and we can help sick people too!

Memory Verse: "Jesus Helps Us All." Matthew 11:28 (Adapted for Toddlers

Heart of the Lesson: We're Thankful That Jesus Loves Sick People

**Parent Connect:** This month, we learned about Jesus helping the sick man. Read the back of your toddler's coloring sheet to them this week, asking, "Can you tell me what is going on in this picture?" (The sick man's friends are lowering him through the roof because the house was very crowded!



In this series, we will go through the life of Jesus following His birth. We will learn about the Wiseman visiting Jesus, His departure from Egypt, His return to Nazareth and His teaching at the Temple as a kid. We will also learn about Jesus' baptism and how He was tempted, how Jesus called His disciples and His first miracle!

**Memory Verse:** "And the one who sent me is with me – he has not deserted me. For I always do what pleases Him." - John 8:29

Heart of the Lesson: Jesus Does Miracles | John 2

**Parent Connect:** Today we learned that Jesus Does Miracles! The first miracle was at a wedding in Cana when Jesus turned water into wine! Wow! Use the link for instructions on how you can turn water into "wine" in a cool experiment. **Jesus Turns Water Into Wine Object Lesson** 

# ONE TEAM WE'RE ALL PLAYING FOR THE SAME TEAM ONE ONE TEAM

We are kicking off the year with a series called "One Team". The church is a lot like a team. Our team needs to work together even when it's hard, to build each other up and correct when we aren't following God or pulling our weight. There are many different people that have unique skills and special gifts that help the team reach the ultimate goal of serving God, our coach.

Memory Verse: "All of you together are Christ's body, and each of you is a part of it." - I Corinthians 12:27

Heart of the Lesson: I use my gifts to help my team – 1 Corinthians 12:28-31

**Parent Connect:** Talk to your kids about different serving opportunities at Grace and pick something to do. Check out our local partners and commit to serving once a quarter or once a month.

**G56** 

# WE ARE THE CHURCH



In this series, we're going to talk about how the church is a unified team led by Jesus. Just like how our bodies have different parts that work together, each person in the church has special talents and jobs. Together, we'll find out how we can be a strong and connected team, all working together because we belong together and we belong to Jesus!

**Memory Verse:** "Just as our bodies have many parts and each part has a special function, so it is with Christ's body. We are many parts of one body, and we all belong to each other." Romans 12:4-5

Heart of the Lesson: Jesus wants the local church to have unity – 1 Corinthians 1:10-17

**Parent Connect:** Go to visitgracechurch.com/staff and choose a Grace staff member to pray for. Pray that the Grace staff, leadership, and volunteer teams would have unity.

#### SPECIAL NEEDS ADULTS

# **WEAREABODY**

What does it look like to be a healthy Church?



Did you know that God describes the church like Jesus' body? Just like your body helps you do what you want to do, the church does what Jesus calls us to do! And just like we need to know how to take care of our body to stay healthy, we need to know how to take care of the church to stay healthy!

**Memory Verse:** So also we are many persons. But in Christ we are one body. And each part of the body belongs to all the other parts." Romans 12:15 (NIRV)

**Heart of the Lesson:** May We Engage With Our Body (Ephesians 4:11-13)

#### Parents/Caregivers:

- We are all a part of the body of ?
- Did God make us all the same or different?
- Who should we spend time with when we are struggling?
- How can you encourage others using the gifts God has given you?