



Refreshed: Refocus (Acts 3:19) – July 1-2, 2017

STUDY NOTES || SPEAKING PASTOR CHRIS FETTERS

// REFOCUSING COMES THROUGH RESTING

• There remains therefore a rest for the people of God. For he who has entered His rest has himself also ceased from his works as God *did* from His. Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience. For the word of God *is* living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart. And there is no creature hidden from His sight, but all things *are* naked and open to the eyes of Him to whom we *must give* account. (Hebrews 4:9-13)

// REFOCUSING COMES THROUGH RELATIONSHIPS

• Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing psalms. Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. Confess *your* trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much. (James 5:13-16)

// REFOCUSING COMES THROUGH GENUINE REPENTANCE.

• Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord. (Acts 3:19)