



Group Discussion Guide



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last update = 5Jul2017

Room to Room Discussion Guide

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Series Overview

God wants us to partner with Him to repair the broken places of our lives. This series uses the metaphor of fixing different rooms in our lives.

Purpose of This Guide

The primary purpose of this group guide is to reinforce and deepen the lessons of the Grace Church message series: **Room to Room**.

You may choose to use this guide:

- with your Grace Group.
- with any group of people interested in knowing what the Bible says about these topics.

1-Kitchen



Icebreaker: In the Cupboard

Make a list of the foods you have in your kitchen cupboard. Considering each one as a fuel, label each one as good fuel or poor fuel.

Discussion Questions: Your Spiritual Food

- Your heart is like a control valve that opens and closes to let things flow. What can you do to allow God to control that flow [[Pro 4:23](#)]?
- Rather than worry, what does God want us to do when we have needs [[Php 4:6](#)]?
- In what way can prayer soothe your heart and mind [[Php 4:7](#)]?
- What can we do to be sure we are feeding our minds with the best thoughts [[Php 4:8](#)]?
- Who in your life serves as a spiritual role model [[Php 4:9](#)]?
- There is cultural pressure to conform to the world. What fuel can give you the strength not to conform [[Rom 12:2](#) and [Heb 5:12-14](#)]?
- Other than from the Word of God, in what ways have you attempted to grow spiritually? When are you most likely to crave God's Word [[1Pet 2:2](#)]?

Dig a Little Deeper: High Octane Fuels

God designed humans to function on the fuel of truth. It gives us the power to resist the pressure and pull of this world.

<i>False Fuels</i>	<i>High Octane Fuels</i>
<ul style="list-style-type: none">● focusing on possessions (Mat 19:23)● believing the lies of the wicked one (1John 5:19-21)● giving in to lust (Col 3:5)	<ul style="list-style-type: none">● focusing on what God wants you to do (John 4:34)● leaning on Jesus, the Living Water (John 6:35)● praising God (Psa 63:4-5)

Application Exercise: Choose Your Fuel

- What false fuels have you fed on in the past?
- In what ways have you learned to feed on the high-octane fuel of Jesus?
- What can help you choose the right fuel?

2-Living Room

Icebreaker: Rename Your Living Room

If you had to rename your living room, would it be your:

- TV Room?
- Game Room?
- Project Room?
- Other _____?

Discussion Questions: Your Community

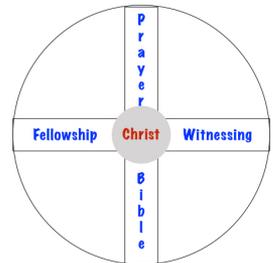
- What is one advantage of being a member of a like-minded group of Christ-followers (**Mat 18:19-20**)?

- What can help you bond as a group of Christ-followers (**Php 2:1-3**)?

- Rather than a specific activity, what is the key to establishing community (**Psa 133:1**)?

- Which of the following furnishings in your spiritual living room need some refurbishment?

- Loving God with all your heart (**Mat 22:34-40**)
- Daily time in God's Word (**1Pet 2:2**)
- Constant prayer (**1The 5:17**)
- Helping others find Christ (**Rom 1:14-16**)
- Maintaining relationships for mutual encouragement and accountability (**Heb 10:24-25**)



Dig a Little Deeper: Unity of God's People

Consider the unity of God's people:

- As children of God (**1John 5:1**)
- As the people of God (**1Pet 2:9-10**)
- In a common union with Christ (**1Cor 12:12**)
- Sharing a common faith (**Eph 4:4-6**)
- Living in harmony (**1Pet 3:8**)

Application: One Small Change

- Commit to making one small change in your spiritual living room.
- Tell someone about the change.
- Ask this person to serve as your accountability partner.
- Establish a schedule to check in with your accountability partner.

3-Closet

Icebreaker: Somewhere in the Closet

Discuss times when you've cleaned out your closet and found something you forgot was in there.

Discussion Questions: Prayer Closet

- Who should your audience be when you pray (**Mat 6:5-6**)? How could you create a prayer closet for yourself?

- When are you likely to pray most earnestly (**1The 3:10** and **Jas 5:17-18**)?

- In what way are answers to prayers affected by our motives (**Jas 4:3** and **1John 3:21-22**)?

- How can you make certain you have on your armor of light (**Rom 13:12**, **Gal 3:27**, **Eph 6.11**)?

- For what reasons do you call upon God (**Jer 33:3**)?
 - As an act of worship (**Psa 116:17**)
 - When I need His help (**Lam 3:55**)
 - To ask Him to help others (**1Sam 12:23**)
 - Other _____

Dig a Little Deeper: Spiritual Armor

belt of truth	Eph 6:14	know God's Word
breastplate of righteousness	Eph 6:14	protect your heart
gospel of peace	Eph 6:15	stand firm in Christ's peace
shield of faith	Eph 6:16	use faith to overcome trials
helmet of salvation	Eph 6:17	take on the mind of Christ
sword of the Spirit	Eph 6:17	let God's Word guide you
prayer	Eph 6:18	be in constant communication with Christ

Application Exercise: My Closet

not at all - somewhat - absolutely

I have a prayer closet (a quiet place) that I use every day to talk to God.	1 - 2 - 3 - 4 - 5
I use the armor of light to help me through life's trials.	1 - 2 - 3 - 4 - 5

What changes does God want you to make to your closet?

- Ask Him to guide you in keeping your communication lines open with Him.
- Ask Him to help you put on your armor of light every day.



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